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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	COMPLETECARE -01010X 1101XC1-	9:30 Chrons & Calendars 10:30 Catholic TV Mass (YouTube-Comm) 11:00 December Trivia 1:00 Calendars & 1:1s 2:00 Monday Matinee! (Commodore) 4:00 Conversation	9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Exercise yr Body 1:00 ABCD 1:1s 2:30 Christmas Card Collage (Comm) 3:30 BINGO! (Comm)	Service with Ladies from St. Mary's (Comm) 2:30 Chase the Ace 3:30 Ninja Stars (Comm) 6:00 Wrestling Club	9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Guess the Song 2:30 Snowball Fight (Comm) 3:30 BINGO! (Comm) 6:00 Resident Family & Friend Christmas Party (Comm) with live music	9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Chair Yoga 1:00 ABCD 1:1s 2:30 It's an Elm Street Band Christmas! (Comm) 3:45 Ninja Star Toss (Comm)	9:30 Chrons & Calendars 10:30 Catholic TV Mass 11:00 Hangman 1:00 Chrons & Calendars! 2:30 Fun with Adam (EF) 3:45 Pokeno (Comm) Family visits and independent activities
	Family Visits and Independent Activities 10:30 Catholic TV Mass (YouTube- Comm) 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm)	4:00 Conversation	9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Exercise! 1:00 ABCD 1:1s 2:30 Skunked! (Comm) 3:30 BINGO! (Commodore)	11:00 Memory Blocks 1:00-3:00 Selfies with Santa (TBD) 3:00 Cookie Decorating W/Liz 6:00 Spittin' Image: The Kids Perform for Us! (Comm)	9:30 Chrons/Mail (ABCD) 10:30 Catholic TV Mass 11:00 Dice Toss Holiday Memories (Comm) 1:00 ABCD 1:1s 2:30 Reindeer Ring Toss (Comm) 3:30 BINGO! (Commodore)	9:30 Chrons/Mail (AB) 10:30 Catholic TV Mass 11:00 Stretch Exercise 1:00 ABCD 1:1s 2:30 Ho Ho Ho with Dan Stevens (Comm) 4:00 Lauren's Library Cart (Rm-Rm)	9:30 Chrons/Mail (AB) 10:30 Catholic TV Mass 11:00 AM Fun with Adam 1:00 – 2:30 1:1s/ Chrons /Mail (Rm-Rm) 2:30 Fun With Adam (EF) 3:45 Chase the Ace (Comm)
	14 10:30 Catholic TV Mass 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm) 2:00 Christian Worship with Immaculate Redemption Church (Comm) Hanukkah Begins	HAPPY HANNUKAH 15 (LIGHT THE MENORAH) 9:30 Chrons/Mail 10:30 Catholic TV Mass (YouTube-Comm) 11:00 Xmas Worldwide 1:00 ABCD 1:1s 2:00 Monday Matinee! (Commodore) 4:00 Conversation	9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Exercise yr Body 1:00 ABCD 1:1s 2:00 Hannukah Celebration (Comm)	10:30 Catholic TV Mass 11:00 Name 5ive Plus 1:00 ABCD 1:1s 2:00 Christmas Caroling with kids from No. Stonington School (TBD) 3:00 Sara DeBeer Winter	11:00 Guess the Song 1:00 ABCD 1:1s 2:30 December Birthday Party with Lauren A (Comm).	9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Chair Yoga 1:30-3:30 PM Independent Activities 4:00 Lauren's Library Cart (Rm-Rm) 6:00 Friends of Jesus (Christmas Caroling)	9:30 Chrons/Mail (AB) 10:30 Catholic TV Mass 11:00 Hangman w/Adam 1:00 – 2:30 1:1s/ Chrons /Mail (Rm-Rm) 2:30 Fun with Adam (EF) 3:45 Jeopardy! (Comm)
	Family Visits and Independent Activities 10:30 Catholic TV Mass (YouTube- Comm) 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm)	4:00 Conversation	HAIR SALON DAY (Be sure to sign up!)  9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Exercise yr Body 1:00-3:00 SANTA'S HELPERS gift visits 3:30 BINGO! (Commodore)	1:00 1:1s & more SANTA'S HELPERS 2:30 Enjoy COCOA & Cookies (Comm) 3:00 Christmas Karaoke (Comm)	MERRY CHRISTMAS	BOXING DAY  9:30 Chrons/Mail  10:30 Catholic TV Mass  11:00 Stretch Exercise  1:00 ABCD 1:1s  2:30 Bingo Blitz!  (Comm)  3:30 BINGO! (Canada) (Commodore)	9:30 Chrons/Mail (AB) 10:30 Catholic TV Mass 11:00 AM fun with Adam 1:00 – 2:30 1:1s/ Chrons /Mail (Rm-Rm) 2:30 Fun with Adam (EF) 3:45 Jeopardy! (Comm)
	(YouTube- Comm) 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm)	9:30 Chrons/Mail 10:30 Catholic TV Mass (YouTube-Comm) 11:00 Xmas Worldwide 1:00 ABCD 1:1s 2:00 Monday Matinee! (Commodore) 4:00 Conversation	9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Exercise! 1:00 ABCD 1:1s 2:30 Skunked! (Comm) 3:30 BINGO! (Commodore)	NEW YEAR'S EVE 31 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 NY Resolutions of the Past/Reminiscence 1:00 ABCD 1:1s 2:30 New Yr's Eve w/ Kipp Sturgeon (Comm) 6:00 Pokeno! New Year's Eve	Making Merry On ABCD		
Complete Care at Groton Regency, 1145 Poquonnock Road, Groton, CT. 06340 *ACTIVITIES ARE SUBJECT TO CHANGE							